

## Bronze Menu Plan

<b>Day 1 Breakfast at home</b>			
<b>Snacks</b>	<b>Lunch</b>	<b>Tea</b>	<b>Supper</b>
<b>Water</b>	<b><u>Water</u></b>	<b><u>Hot</u> <u>drink???</u></b>	<b><u>Hot</u> <u>drink???</u></b>

<b>Day 2 Tea at home.</b>			
<b>Breakfast</b>	<b>Lunch</b>	<b>Snacks</b>	
<b><u>Hot</u> <u>drink???</u></b>	<b><u>Water</u></b>	<b>Water</b>	