



BRONZE and SILVER EXPEDITION KIT LIST

Please remember the weather in the British Isles is changeable, and it may rain, be cold, windy, hot or sunny all in one day.

You will be out on expedition for Bronze 2 days or Silver 3 days. All your gear needs to fit into one rucksack.

You can borrow a Trangia stove, roll mat, 65 Litre backpacking rucksack and tent.

Your son does not need a penknife, multi-tool, camping gas, or a lighter.

CLOTHING

Got it	Packed it or wearing it.	Item needed
		1 pair of walking boots (broken in)
		2 pairs of walking socks
		2 pairs sock liners (optional)
		2 t-shirts
		Thermal t-shirt (optional)
		2 fleece tops or similar
		2 walking trousers (warm, NOT jeans)
		Underwear for 1 night
		Nightwear
		1 pair of trainers (optional) remember you have to carry these if you take them.
		Warm hat &/or sunhat
		1 pair of gloves
		1 pair of shorts (if appropriate)
		Suncream
		Waterproof over-trousers
		Waterproof & windproof Jacket

PERSONAL KIT

Got it	Packed it	Item needed (* Can be borrowed)
		Rucksack liner (or 2 plastic bags)
		Sleeping bag
		Small quantity of money

Got it	Packed it	Item needed (* Can be borrowed)
		Notebook and pen/pencil (small)
		Watch
		Torch (handheld or head torch) NOT A PHONE TORCH PLEASE
		Spare batteries & bulb for torch
		Mini personal first aid kit.
		Emergency food rations
		Water bottle (1-2 litres)
		Knife, fork, spoon
		Plastic Plate/bowl
		Plastic Mug
		Wash kit (small)
		Towel (small)

GROUP KIT (TO CARRY BETWEEN THE TEAM)

Got it	Packed it	Item needed (* Can be borrowed)
		Scourers and small amount of washing up liquid.
		Camera (optional) NOT A GOOD ONE
		Toilet paper
		Tea towel
		Food (lightweight) see letter.
		Plastic bags (for rubbish etc.)
		Group first aid (SUPPLIED by Award Solutions)
		Whistle (SUPPLIED by Award Solutions)
		Compasses (SUPPLIED by Award Solutions)
		Maps, laminated (SUPPLIED by Award Solutions)