

Our Ref: 026/16

29th February 2016

Dear Parent/Carer

Your son has been chosen at random to take part in a research study that will form part of a dissertation entitled: *'An investigation into discovering participation and motivation levels within extra curriculum activities.'*

Please take time to read the following information. If anything is not clear or if you would like more information please feel free to ask me. Take time to decide if you want your son to take part or not.

Purpose of study: The purpose into this study is to research into extra curriculum activities within schools. Research into the motivation and participation levels. How many individuals attend and how many don't, also what clubs are the most talked about and more popular. This will give me personally more of an insight into this topic of research hearing it from participants like your son, whose opinion and voice is crucial for this kind of research.

Voluntary participation: His participation in this study is voluntary. He does not have to become involved nor does he have to give any explanation for choosing not to participate. Choosing not to participate will have no consequences for him and will have no adverse effects on his rights. Equally, should he choose to participate in the study he is free to terminate his participation at any point in the process without having to give an explanation and with no consequences for himself and no adverse effects on his rights.

What does his participation involve? Simple questions based around extra curriculum activities and his thoughts and opinions on it. There may also be a possible small discussion amongst students on the related topic. His participation will involve the following:

- 1) Participating in a group of 5-8 with other students for around 15 minutes.
- 2) Basic informal questions based on his personal experience with extra curriculum activities and his thoughts and opinions of them.
- 3) All information provided from your son will be anonymised.
- 4) Once recorded the audio will be written out into text format off the audio tape which will be kept confidential.

Risks involved in participation: There is no major risk at all when carrying out this research, however, if your son has any discomfort in the information being asked or concerns, he will be free to leave the group immediately.

If you are happy for your son to take part in this project please complete the attached forms and return to Mrs Dunne by Tuesday 1st March. The group interview will take place on Wednesday 2nd March, in the morning during break.

If you have any questions please feel free to email or telephone me at school.

Yours faithfully

Mrs Dunne

Head of P.E

Email: ndunne@stmargaretsacademy.com



LIVERPOOL JOHN MOORES UNIVERSITY

PARTICIPANT CONSENT FORM

An investigation into discovering participation and motivation levels within extra curriculum activities.

Emma O’Looney – Sport Coaching.

- | | Initial |
|---|----------------------|
| 1 I confirm that I have read and understand the information provided for the study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily. | <input type="text"/> |
| 2 I understand that my participation is voluntary and that I am free to withdraw at any time, without giving a reason and that this will not affect my legal rights. | <input type="text"/> |
| 3 I understand that any personal information collected during the study will be anonymised and remain confidential. | <input type="text"/> |
| 4 The interview process was fully explained to me and I have had the opportunity to consider the information provided, ask questions and have had these answered satisfactorily. | <input type="text"/> |
| 5 I understand that the interview will be recorded. | <input type="text"/> |
| 6 I understand that parts of my data may be used verbatim in future publications or presentations but that such quotes will be anonymised. | <input type="text"/> |
| 7 I agree to take part in the above named study and am happy for the data collection to proceed. | <input type="text"/> |

Name of Participant:

Date:

Signature:

Name of Researcher: Emma O’Looney

Date:

Signature:

n.b. verbal consent will also be obtained at the start

ASSENT FORM FOR CHILDREN / OTHER DEPENDENTS

(To be completed by the child and their Parent /Guardian)

Title of Research:

An investigation into discovering participation and motivation levels within extra curriculum activities.

Researcher's Name:

Emma O'Looney – Sport Coaching

Child (or if unable, parent/guardian on their behalf) / young person to circle all they agree with

| | |
|--|--------|
| Have you read (or had read to you) information about this project? | Yes/No |
| Has somebody else explained this project to you? | Yes/No |
| Do you understand what this project is about? | Yes/No |
| Have you asked all the questions you want? | Yes/No |
| Have you had your questions answered in a way you understand? | Yes/No |
| Do you understand it's OK to stop taking part at any time? | Yes/No |
| Are you happy to take part? | Yes/No |

If any answers are 'no' or you **don't** want to take part, don't sign your name!

All information collected about you during the course of the research will be kept **strictly confidential**. Any information about you will not be disclosed to anyone. If the results of this study are published no reference will be made to those individuals who took part. **However, should you suggest, imply or state that you are involved in specific serious criminal activities (i.e. acts of terrorism, offences against children) or are vulnerable to such offences then the researcher will inform the necessary authorities.**

If you **do** want to take part, you can write your name below

Your name _____

Date _____

Your parent or guardian must write their name here if they are happy for you to do the project.

Print Name _____

Sign _____

Date _____

The researcher who explained this project to you needs to sign too.

Print Name _____

Sign _____

Date _____



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FOCUS GROUP QUESTIONS

Focus group questions – Motivation and participation in extra-curriculum in schools within different gender types.

Brief introduction to topic area and what I aim to do (informal setting).

1. How many of you are interested in sports and if so what sports? (Specify)
2. How long have you been involved in sports for? Including clubs etc. What level?
3. How many of you only participate in sporting activities in school? Is this the only time you are physically active? If so why?
4. How many of you participate in extra curriculum clubs in school? If so what ones?
5. Are these your hobbies and interests or new sports you would like to become involved in? Why don't some participate? (Remember extra curriculum is not compulsory).
6. Are there any barriers you face when participating in extra curriculum that may affect your participation? OR any barriers you face resulting in you not attending any extra curriculum clubs at all?
7. What are your views and opinions on extra curriculum clubs as a whole? Is there anything you would change? Or anything you are happy with you feel that has benefitted you as an individual?
8. What motivates you as an individual to participate in extra curriculum clubs within the school?