

## PHYSICAL EDUCATION CURRICULUM: KS3



**Intent:** Our vision is for all students across all key stages to develop knowledge, skills, and attitudes necessary to lead healthy, active, and fulfilling lives. We believe that physical education is an essential part of a well-rounded education, and we are committed to providing all students with opportunities to engage in meaningful and enjoyable physical activity. As a school and a PE department we work tirelessly to ensure we design a **relevant and knowledge rich** curriculum that provides students with the basis of fun and enjoyment where such experiences remain with them forever.

We aim to create a positive learning environment both in and outside of the classroom where all students have access to high-quality physical education that promotes physical fitness and well-being. We aim to **create** lessons where students will master fundamental and complex movement skills that develop our students into tactical and strategic thinkers. We will encourage and **empower** our boys seek lifelong participation in physical activity beyond the classroom whilst **create** positive attitudes and values, such as sportsmanship, teamwork, and cooperation.

We believe that all students can succeed in physical education, regardless of their ability level. We are committed to creating an **ambitious and inclusive environment** where all students feel comfortable and challenged. We will work with students to develop their individual strengths and potential, and we will help them to achieve their personal goals.

We believe that physical education is essential for the overall success of our students. We are committed to working with families, schools, and the community to create a culture of physical activity and well-being for all.

Term 1 - 4 1 <sup>st</sup> September – 28 <sup>th</sup> March							Term 5	Term 6
<b>Curriculum Focus – Fundamental Motor Skills</b>								
Year 7	Football	Rugby	Basketball	Hockey	Health & Fitness	Outdoor Adventure Activities	Athletics	Cricket
								Exercise to Music
All year 7 students will engage in on 1 activity every 5 weeks and rotate around the above activities between September and March.								
<b>Curriculum Focus – Complex Motor Skills</b>								
Year 8	Football	Rugby	Basketball	Hockey	Health & Fitness		Athletics	Cricket
								Exercise to Music
All year 8 students will engage in on 2 activity every half term and rotate around the above activities between September to March.								
<b>Curriculum Focus – Tactics and Strategies</b>								
Year 9	Football	Rugby	Basketball	Hockey	Health & Fitness		Athletics	Cricket
								Handball
All year 9 students will engage in on 2 activity every half term and rotate around the above activities between September to March.								